**Breakfast Baked Apples**

**Yield:** 4

**Prep time:** 45 Minutes

**Ingredients**

* 2 cups old fashioned rolled oats
* 3 cups water
* 2 tablespoons maple syrup
* 1 tablespoon cinnamon
* 4 large apples, tops sliced and insides hollowed
* 2 tablespoons dried cranberries
* 2 tablespoons chopped pecans

**Directions**

**Step 1**

Preheat oven to 400° . In a medium saucepan over medium-low heat, combine oatmeal and water and stir occasionally until creamy. Stir in maple syrup and ground cinnamon and let cool slightly.

**Step 2**

Transfer Apples to a glass baking dish and spoon in oatmeal. Bake until apples are soft and bubbly, about 35 minutes.

**Step 3**

Top oatmeal with cranberries and pecans and serve.