

OCTOBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	1	2	3	4	5
		Diabetes Class 5 5:30pm to 7:30pm	Diabetes Class 5 9:30am to 11:30am	Diabetes Pantry 9:30am and 10:30am		
6	7	8	9	10	11	12
		Diabetes Class 6 5:30pm to 7:30pm	Diabetes Class 6 9:30am to 11:30am			
13	14	15	16	17	18	19
	Columbus Day ☐	Diabetes Class 7 5:30pm to 7:30pm	Diabetes Class 7 9:30am to 11:30am	Diabetes Pantry 9:30am and 10:30am		
20	21	22	23	24	25	26
	Diabetes Reunion 9:30am and 5:30pm	Diabetes Class 8 5:30pm to 7:30pm	Diabetes Class 8 9:30am to 11:30am			
27	28	29	30	31	1	2
				Halloween		