



Autumn Apple Salad with a Maple Vinaigrette

Ingredients

- 2 cups baby spring salad mix or spinach
- ¼ cup dried cranberries
- ¼ cup chopped walnuts or halved pecans
- 2 tablespoons feta cheese
- ½ granny smith apple sliced
- ½ fuji apple sliced

Maple Dijon Vinaigrette

- 2 tablespoons extra virgin olive oil
- 1 tablespoons apple cider vinegar
- 1 tablespoon honey or maple syrup
- 1 ½ teaspoon Dijon mustard
- Salt & Pepper to taste

Instructions

1. Add the salad mix to a medium size bowl.
2. Top with dried cranberries, nuts, feta cheese, and sliced apples.
3. Add all the ingredients for the maple Dijon vinaigrette to a small mason jar. Shake to mix. Pour over salad.

The dressing recipe is enough for two salads